

# Fife Forum



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The umbrella organisation for Elderly Fora, User Panels and Local Area Co-ordination for Adults and Older People in Fife

GENERAL INFORMATION

## FIFE FORUM CUPAR

*Active in your community*



Tel: (01334) 650301

## Other Local Forums

BENARTY

CARDENDEN & KINGLASSIE

DUNFERMLINE AREA

GLENROTHES

KIRKCALDY & DISTRICT

MARKINCH

## Who are we?

We are a group of people aged 55 and over from the Cupar area who meet on a monthly basis. We are different from many other pensioners groups in that we are an action group, rather than a social group/club.

We campaign for better rights, services and facilities for our local older people. We tackle many issues, including: housing, transport, home care, poverty etc.....

We meet on the last Friday of the month at 2.00 p.m. in the Old Parish Church Hall, Kirk Wynd, Cupar. We



**There are always things the Council wants to consult on!**

come under the umbrella of Fife Forum, who provides us with information and advice on various issues.

## GENERAL INFORMATION

There are approximately 68,000 people (and rising), of pension age in Fife, making around 21% of the population. All too often, however, the services and facilities that older people need are poor or non-existent. For too long some service providers have paid little or no attention to the views of older people.

Things have changed, communication and consultation with the Council and NHS Fife are getting better, local people are being invited to give their views on things such as transport, policing, health provision. This has only been achieved by the concerted efforts of forum members and a few people within the statutory organisations who have been forward thinking, who have recognised that the way forward in planning services is to speak to those directly involved in receiving the services.

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You can become directly involved in this process by joining your local forum and making your views known.

Together you can become a strong united voice that should not and will not be ignored.

## Further information

If you wish to know more about the forum please fill in your contact details below and return them to the address below.

Name:

Address:

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Tel:

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**FIFE FORUM  
CUPAR**

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