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User Panels, please contact:

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**The umbrella organisation for Local Fora, User Panels, and  
Local Co-ordination for Adults and Older People in Fife**

# User Panels

## Fife Forum



## Fife Forum User Panels

User Panels are small groups of older people who have an opportunity to influence the way services are planned and provided at local level. Panel members are also asked to participate in national consultation exercises.

### Panel Members

Panel members are people aged over 70 (although there may be younger members in some circumstances), who are less able to get out and about without assistance and who are users of health and social care services.

Older people are nominated by staff from health, social work and the voluntary sector, or by other Panel members. They do not represent other groups, only older people in a similar situation to themselves. Accessible transport may be arranged to bring members from their homes to the meetings if unable to get there by other means.



### Panel Meetings

There are currently 8 panels spread geographically across Fife, which meet once a month. These meetings are informal and members are supported by Fife Forum staff.

Panel members are encouraged to discuss and share experiences of growing older and being dependent on services, identifying good practice and highlighting issues of concern.

Comments are passed on to service planners who are invited to attend future meetings to discuss the issues raised with panel members.

National and Scottish Government agencies are also invited to attend meetings, where appropriate, to consult with panel members on a wide range of topics of relevance to older people.