



FREE LEVENMOUTH COMMUNITY

Activity Schedule



DAY	ACTIVITY	VENUE	TIMES	SIGN UP	AGE
MON	FIT FOR LIFE	Savoy Centre	10:00 - 12:00 pm	Drop In	60 +
	SOCIAL FOOTBALL	Savoy Centre	12:30 - 2:00 pm	QR Code	16 - 24
	SPORTING MEMORIES	Bayview Stadium	2:00 - 3:30 pm	Drop In	60 +
TUE	FIT FOR LIFE	Savoy Centre	10:00 - 12:00 pm	Drop In	60 +
	PLAYFIT TOTS	Savoy Centre	12:00 - 12:45 pm 12:45 - 1:30 pm	QR Code	18 months - 3 years old
WED	STAY ACTIVE	Balmaise Centre	4:00 - 6:00 pm	QR Code	Primary Age
THU	STAY ACTIVE	Sandy Brae Community Centre	4:30 - 5:30 pm	QR Code	Primary Age
FRI	BUGGY WALK	Meeting at Woodlands Nursery	12:00 - 1:00pm	Drop In	Anyone with a buggy
	WELLBEING WALK	Meeting at Savoy Centre	1:00- 2:00 pm	Drop In	60 +
	PLAYFIT KIDS	Methil Community Education Centre	4:00 - 5:00 pm 5:00 - 6:00 pm	QR Code	3 - 5 years old

LEVENMOUTH COMMUNITY

Activity Overview



PLAYFIT KIDS AND TOTS

Looking for something active to do with your family? Join our free parent and child multi-sport club!

Playfit Kids - 3 - 5 year olds

Playfit Tots - 18 months - 3 years old

WELLBEING WALK

Join our walking group to improve your physical health, social connections and explore your local area.

All abilities welcome.

SOCIAL FOOTBALL

A social sport club for young adults of all abilities; have fun, make friends and improve skills, no experience required!

BUGGY WALK

Get fit, connect, and enjoy quality time with your child through our inclusive Buggy Walk program. Friends and family welcome.

STAY ACTIVE

Explore a variety of sports and physical activities, build confidence and enjoy some friendly competition at "Stay Active".

FIT FOR LIFE

Come and try a wide range of activities in a fun and supportive environment. While engaging with others and making new connections.

SIGN UP HERE:



SPORTING MEMORIES

Join us at East Fife Sporting Memories Club and relive sports moments together in a welcoming community.

