

# Fife Forum Advocacy Service



**Fife Forum**  
Making Community Connections

**A service that supports  
getting your voice heard**

## **Our Advocacy Service:**

- ✓ for those who are 65yrd+ old
- ✓ for those in Fife Care homes & Hospitals
- ✓ support with hospital stays / discharge
- ✓ support with settling in to care homes
- ✓ emotional Guidance and Support



Contact Sam Roger



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For our referral form:

**[www.fifeforum.org.uk/advocacy](http://www.fifeforum.org.uk/advocacy)**



A free  
service that  
people are  
entitled to  
use





# WHAT IS ADVOCACY SUPPORT?



Patient advocacy involves supporting and empowering patients to make informed decisions about their healthcare.

## Hospitals

- This service helps patients understand their medical conditions, treatment options, and rights within the healthcare system.
- Advocates may assist in navigating complex medical systems, ensuring that patients' voices are heard and respected by healthcare providers, and helping to secure necessary resources and services.
- Advocacy also involves protecting patient rights, promoting patient-centered care, and working to improve the overall healthcare experience.

## CARE HOMES

- In care homes, advocacy addresses the specific needs of elderly or disabled residents, ensuring their dignity and autonomy are maintained. Advocacy works to address concerns such as the quality of care and safety.
- Advocates can bridge gaps in understanding and facilitate collaborative decision-making by fostering open communication between patients, the family and healthcare professionals.
- Patient advocates often provide emotional support, offering a comforting presence during what can be a challenging time. They empower patients and their families by educating them about their rights and responsibilities, enabling them to take an active role in their healthcare journey.



More Information At

[sam@fifeforum.org.uk](mailto:sam@fifeforum.org.uk)

scan for the referral form  
[www.fifeforum.org.uk/advocacy](http://www.fifeforum.org.uk/advocacy)

